

CLINICAL CONSULTATION FOR ADULTS

Purpose: The purpose of clinical consultation is to provide clinical advice to health care providers caring for individuals with a diagnosis of an eating disorder (ages 17 years and older). Through this service, it supports individuals to be managed closer to home. As well, it promotes continuity of care between specialized services and regional/community health care providers. **This service is offered regardless of whether or not an individual is a client of the Provincial Adult Tertiary Eating Disorders Program.**

- 1. Internal Medicine telephone consultation** is available with 24/7 coverage 7 days a week. Telephone consultation requests are triaged by the Intake Coordinator at 604 806-8654, Monday to Friday 0800-1600 hours, excluding statutory holidays. **For after hours please contact the Eating Disorders Inpatient Unit (4NW) at 604 682-2344 local 62971.**
- 2. Psychiatry telephone consultation** is available through the **Rapid Access to Consultative Expertise (RACE) line at St. Paul's Hospital.** For eating disorder related psychiatry consults this line is available Monday to Friday 0800-1700, excluding statutory holidays. Please call: Lower Mainland 604 696-2131 or toll free at 1-877-696-2131, and follow the prompts. www.raceconnect.ca
- 3. General telephone consultation from the Provincial Adult Eating Disorders Program** (i.e. Dietitian, Social Work, Psychology, Occupational Therapy, Nursing, etc.) is available Monday to Friday 0800-1600 hours. Please contact the Intake Coordinator at 604 806-8654.
- 4. BC Emergency Room Guidelines for Eating Disorders (Adults)** are available at <http://cfe.keltyeatingdisorders.ca/res/emergency-room-guidelines-adult-eating-disorders>
- 5. If an individual is admitted to a local hospital, an *Eating Disorders Consultation Package is available.** Please call Intake Coordinator at 604 806-8654 Monday to Friday 0800-1600 hours, excluding statutory holidays. For after hours, please contact the Eating Disorders Inpatient Unit (4NW) at 604 682-2344 local 62971. ***Eating Disorders Consultation Package** (i.e. Standard Admission Orders, Admitted Patient Care Pathway, Nutritional Care, etc.)
- 6. Referral to the Provincial Adult Tertiary Eating Disorders Program.** Referrals are accepted by: 1) Regional eating disorders programs for patients in locations where regional programs exist; or 2) In the absence of a regional program referrals will be accepted from mental health teams, and/or other secondary service community care providers. If you have any questions, please contact the Provincial Intake Coordinator at 604-806-8654.