Provincial Adult Tertiary & Specialized Eating Disorders Program
Referral and Treatment Pathway

Referral Source
Regional Eating Disorders Programs.
If no regional EDP, then Mental Health Teams and/or other secondary service providers.

Assessment
- Medical
- Psychiatric
- Research

Intake
Patients accessing services at the Provincial Adult Tertiary & Specialized Eating Disorders Program are required to stay engaged with their regional EDP for duration of treatment. Provincial Consultation Service available to community care providers for all patients.

Treatment Recommendations
Followed by continued assessment, goal setting and treatment planning in Psychiatry Team Clinic as patients transition into, out of, or between recommended programs.

Specialized Inpatient Program
- 4NorthWest

Transitional Outpatient Services
- Connections Group
- Dietitian, Social Work and Occupational Therapy Support
- Psychotherapy Clinic
- Medical and Psychiatry Team Clinics
- Family and Friends Education Days
- Readiness Program
- Follow Up Program

Specialized Day Program
- Discovery/Vista Program